5 Reasons Why You Should Call Journey To Wellness, Inc:

1. We are known for a high level of client satisfaction with our services.
2. Our services are strictly confidential.
3. Our Clinicians are professionally trained, licensed by the State of New Jersey, culturally competent, screened for criminal background and professional references, bonded and insured, bilingual, caring, reliable and responsible professionals.
4. We have Spanish speaking counselors and exceptional customer service representatives.
5. We accept Medicaid, government programs, private pay and private insurance. We also have sliding scale fee agreements.

Call Our Strictly Confidential Hotline!
(732)709-7440

Hours:
M-F, 9am-9pm & S, 9am-1pm
Excluding Holidays

Call owner Anna Komissarenko with any questions or concerns at 848-391-8547, 24hr/7days
Who is Journey To Wellness, Inc.?

Journey To Wellness, Inc., is a privately owned substance abuse and addiction treatment facility specially designed to help clients overcome emotional trauma or addiction challenges, using conventional and brief therapies as well as holistic alternative healing approaches.

Journey To Wellness, Inc., believes that assessment, treatment, and consultation services should respond to the unique needs of individuals, families, and communities with the goal of promoting harmony among the psychological, emotional, physical, spiritual, interpersonal, and vocational elements of each person's life.

Journey To Wellness, Inc., provides a broad range of services which include: needs assessment, individual service plan, psycho-education, counseling and/or goal focused therapy, community outreach and advocacy, prevention and mentoring.

Journey To Wellness, Inc., is licensed by the New Jersey State Department of Human Services, Division of Addiction Services. License # 2000437

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www.treatmentnj.net

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Journey To Wellness

LEVELS OF CARE WE PROVIDE:

- Education and Early Intervention
- Outpatient Care
- Intensive Outpatient Care
- Partial Care

OUR SUBSTANCE ABUSE SERVICES INCLUDE:

- Assessment /Evaluation Ordered by the Court or Other Agencies, Including IDRC (DUI/DWI)
- Individualized Treatment
- Individual and Group Treatment Sessions
- Random Urine Screenings
- Family Counseling
- Specialized Programs for Professionals.
- Multiple Addictions
- Referrals as Needed
- Relapse Prevention
- Treatment for Co-occurring Disorders

OUR BEHAVIORAL HEALTH SERVICES INCLUDE:

- Mental Health Assessment/ Evaluation
- Co-dependency
- Cognitive Therapy
- Couple and Family Therapy
- Individual Counseling for Victims of Violent Crime and Domestic Abuse.
- Parenting
- Men’s Issues Groups
- Women’s Issues Groups
- Stress Management & Spiritual Recovery Groups
- Abuse Survivors Group
- Anger Management Groups

NON-CLINICAL SERVICES WE OFFER:

- Connections to Community Resources.
- Twelve – Step Programs
- Skills Building, Career/Life Planning.
- Educational Games

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