

## 5 Reasons Why You Should Call Journey To Wellness, Inc:

1. We are known for a high level of client satisfaction with our services.
2. Our services are strictly confidential.
3. Our Clinicians are professionally trained, licensed by the State of New Jersey, culturally competent, screened for criminal background and professional references, bonded and insured, bilingual, caring, reliable and responsible professionals.
4. We have Spanish speaking counselors and exceptional customer service representatives.
5. We accept Medicaid, government programs, private pay and private insurance. We also have sliding scale fee agreements.

Call Our Strictly  
Confidential Hotline!  
**(732)709-7440**

**Hours:**  
M-F, 9am-9pm & S, 9am-1pm  
Excluding Holidays

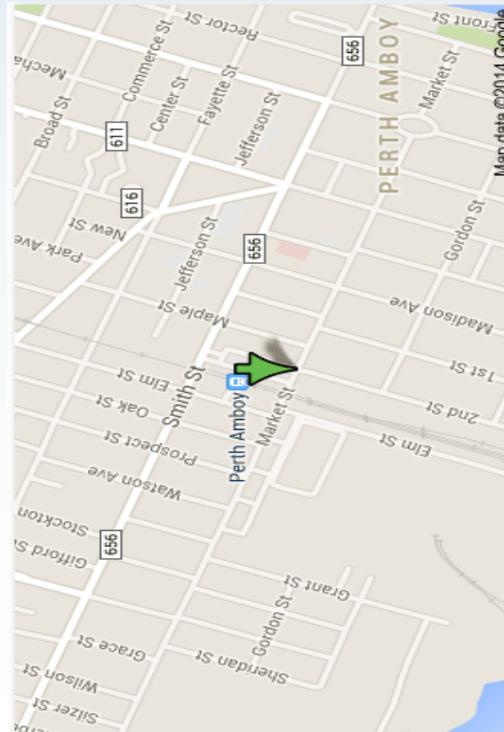
Call owner Anna Komissarenko  
with any questions or concerns  
at 848-391-8547, 24hr/7days

### Directions From US-9 North

Take exit towards Garden State Parkway/ Smith Street. Start off going west on Smith St/County HWY 656 toward Harbor Ter. Turn left on Madison Ave. Take 1<sup>st</sup> right onto Market St/County HWY 658. Journey To Wellness, Inc. will be on your right.

### Directions From 287 South

Once on 287 South, stay onto NJ-440N. Take Smith St/Crows Mill Rd exit towards Fords/Keasbey. Merge onto Smith St. Turn right onto Herbet St/County HWY 658. Take the 1<sup>st</sup> left onto Market St/County HWY 658. Journey To Wellness, Inc. will be on your left.



Journey To  
Wellness, Inc.



Journey To Wellness, Inc.  
220 Market St.  
Perth Amboy, NJ 08861  
Tel. 732-709-7440, Fax 732-709-0147  
www.treatmentnj.net

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## Who is Journey To Wellness, Inc.?

*Journey To Wellness, Inc.*, is a privately owned substance abuse and addiction treatment facility specially designed to help clients overcome emotional trauma or addiction challenges, using conventional and brief therapies as well as holistic alternative healing approaches.

*Journey To Wellness, Inc.*, believes that assessment, treatment, and consultation services should respond to the unique needs of individuals, families, and communities with the goal of promoting harmony among the psychological, emotional, physical, spiritual, interpersonal, and vocational elements of each person's life.

*Journey To Wellness, Inc.*, provides a broad range of services which include: needs assessment, individual service plan, psycho-education, counseling and/or goal focused therapy, community outreach and advocacy, prevention and mentoring.

*Journey To Wellness, Inc.*, is licensed by the New Jersey State Department of Human Services, Division of Addiction Services. License # 2000437

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## Journey To Wellness

### LEVELS OF CARE WE PROVIDE:

- Education and Early Intervention
- Outpatient Care
- Intensive Outpatient Care
- Partial Care

### OUR SUBSTANCE ABUSE SERVICES INCLUDE:

- Assessment /Evaluation Ordered by the Court or Other Agencies, Including IDRC (DUI/DWI)
- Individualized Treatment
- Individual and Group Treatment Sessions
- Random Urine Screenings
- Family Counseling
- Specialized Programs for Professionals.
- Multiple Addictions
- Referrals as Needed
- Relapse Prevention
- Treatment for Co-occurring Disorders

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## Journey To Wellness

### OUR BEHAVIORAL HEALTH SERVICES INCLUDE:

- Mental Health Assessment/Evaluation
- Co-dependency
- Cognitive Therapy
- Couple and Family Therapy
- Individual Counseling for Victims of Violent Crime and Domestic Abuse.
- Parenting
- Men's Issues Groups
- Women's Issues Groups
- Stress Management & Spiritual Recovery Groups
- Abuse Survivors Group
- Anger Management Groups

### NON-CLINICAL SERVICES WE OFFER:

- Connections to Community Resources.
- Twelve – Step Programs
- Skills Building, Career/Life Planning.
- Educational Games

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